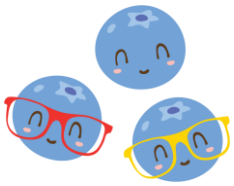
ELEMENTARY BREAKFAST MENU
October 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast	2 Apple Strudel
5 Mini Cinni Rolls	6 Pumpkin Bread	7 Yogurt Cup with Graham Crackers	8 Mini Pancakes	9 No School
12 No School	13 Assorted Poptarts with Graham Crackers	14 Mini Cinnamon Bagels	15 Chocolate Chip French Toast	16 Cinnamon Toast Crunch Cereal Bar
19 Glazed Dunkin Sticks	20 Banana bread	21 Yogurt Cup with Graham Crackers	22 Mini French Toast	23 Assorted Muffins
26 Mini Maple Pancakes	27 Assorted Poptarts with Graham Crackers	28 Mini Cinnamon Bagels	29 Chocolate Chip French Toast	30 Apple Strudel

MAKE IT A MEAL!
Choose at least **3** of **4** meal components for the school breakfast price:
Whole Grain, Meat/Meal Alternative, Fruit/Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.05

Fruit Selection
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges
Students may choose two ½ cup servings.

Milk Selection
1% White Milk & Fat-Free Chocolate

Your Dining Services Team
Emily Biechy, General Manager
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emily.biechy@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

schoolcafé

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