# Elementary School Lunch Menu

# November 2026

EAT SMART
BE SMART

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| **2**<br>Orange Chicken over Rice<br>Steamed Broccoli<br>Cucumber Slices | **3**<br>Mini Corn Dogs<br>Baked Beans<br>Broccoli Florets | **4**<br>French Toast Sticks with Sausage Links<br>Tri-Taters<br>Cherry Tomatoes | **5**<br>Grilled Cheese Sandwich<br>Steamed Garden Peas<br>Corn Salad | **6**<br>Cheese Pizza<br>Mixed Vegetables<br>Carrot & Raisin Salad |
| **Daily Offerings: Soft Pretzel Craveable (V) \| Turkey & Cheese Hoagie** | | | | |
| **9**<br>No School | **10**<br>Beef Soft Tacos<br>Seasoned Black Beans<br>Lettuce & Tomato | **11**<br>Ham, Egg & Cheese on Maple Waffle Flatbread<br>Hash Brown Potato<br>Fresh Cucumber Slices | **12**<br>Chicken Patty Sandwich<br>Steamed broccoli<br>Chickpeas | **13**<br>Pizza Crunchers<br>Steamed Green Beans<br>Red Pepper Strips |
| **Daily Offerings: Breadstick Dipper Craveable (V) \| Italian Hoagie** | | | | |
| **16**<br>Chicken Nuggets with Roll<br>Steamed Carrots<br>Cherry Tomatoes | **17**<br>Chicken Quesadilla<br>Green Beans<br>Cucumber Salad | **18**<br>Thanksgiving Turkey Dinner<br>Mashed Potatoes<br>Steamed Corn | **19**<br>Cheeseburger<br>French Fries<br>Green Pepper Strips | **20**<br>Cheese Pizza<br>Steamed Broccoli<br>Cucumber Slices |
| **Daily Offerings: Yogurt Craveable (V) \| Turkey & Cheese Wrap** | | | | |
| **23**<br>**Early Dismissal**<br>**No Lunch Served** | **24**<br>**Early Dismissal**<br>**No Lunch Served** | **25**<br>**Early Dismissal**<br>**No Lunch Served** | **26**<br>*Happy Thanksgiving* | **27**<br>No School |
| **Daily Offerings: Nachos Craveable (V) \| Garden Salad with Goldfish Crackers & Dinner Roll (V)** | | | | |
| **30**<br>No School | | | | |

**MAKE IT A MEAL!**
Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

**Lunch Prices**
Student $3.15
Adult $4.85

**Fruit & Veggie Selection**

**Daily Vegetable Choices May Include:**
Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans

**Daily Fruit Choices May Include:**
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges
Students may choose two ½ cup servings.

**Daily Alternates**

Garden Salad with Goldfish Crackers & Dinner Roll

PB & J Craveable

Yogurt & Cheese Stick Craveable

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

**Your Dining Services Team:** Emily Biechy, General Manager |(610) 826-3155 ext. 2218|emily.biechy@metzcorp.com

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CULINARY MANAGEMENT
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