HIGH SCHOOL BREAKFAST MENU
October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chocolate Chip French Toast Cinnamon Toast Crunch Bar	2 Apple Strudel Banana Bread
5 Mini Cinni Rolls Pumpkin Bread	6 Assorted Toasted Bagels Assorted Yogurt Cup	7 Pancake Wrapped Sausage on a stick Blueberry Bread	8 Assorted Toasted Bagels Coco Puffs Cereal Bar	9 No School
12 No School	13 Assorted Toasted Bagels Assorted Yogurt Cup	14 Egg & Cheese Croissant Blueberry Bread	15 Chocolate Chip French Toast Mini Blueberry Donut Holes	16 French Toast Sticks Banana Bread
19 Chocolate Chip French Toast Pumpkin Bread	20 Assorted Toasted Bagels Assorted Yogurt Cup	21 Bacon, Egg & Cheese Bagel Blueberry Bread	22 Assorted Toasted Bagels Glazed Donut Stick	23 Dutch Waffle Banana Bread
26 Mini Maple Pancakes Chocolate Bread	27 Assorted Toasted Bagels Assorted Yogurt Cup	28 Egg, Sausage & Cheese Maple Flatbread Blueberry Bread	29 Chocolate Chip French Toast Apple Donut Holes	30 Apple Strudel Banana Bread

MAKE IT A MEAL!
Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	$0.00
Adult	$3.05

Available Daily
Assorted cereals

Fruit Selection
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges
Students may choose two ½ cup servings.

Milk Selection
1% White Milk & Fat-Free Chocolate Milk

Your Dining Services Team
Emily Biechy, General Manager
(610) 826-3155 ext. 2218|
emily.biechy@metzcorp.com

(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

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CULINARY MANAGEMENT
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