Parkside Elementary Lunch Menu

November 2026

EAT SMART
BE SMART

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Orange Chicken over Rice Steamed Broccoli Cucumber Slices	**3** Mini Corn Dogs Baked Beans Broccoli Florets	**4** French Toast Sticks with Sausage Links Tri-Taters Cherry Tomatoes	**5** Grilled Cheese Sandwich Steamed Garden Peas Corn Salad	**6** Cheese Pizza Mixed Vegetables Carrot & Raisin Salad
Daily Offerings: Turkey & Cheese Hoagie				
9 No School	**10** Beef Soft Tacos Seasoned Black Beans Lettuce & Tomato	**11** Ham, Egg & Cheese on Maple Waffle Flatbread Hash Brown Potato Fresh Cucumber Slices	**12** Chicken Patty Sandwich Steamed broccoli Chickpeas	**13** Pizza Crunchers Steamed Green Beans Red Pepper Strips
Daily Offerings: Italian Hoagie				
16 Chicken Nuggets with Roll Steamed Carrots Cherry Tomatoes	**17** Chicken Quesadilla Green Beans Cucumber Salad	**18** Thanksgiving Turkey Dinner Mashed Potatoes Steamed Corn	**19** Cheeseburger French Fries Green Pepper Strips	**20** Cheese Pizza Steamed Broccoli Cucumber Slices
Daily Offerings: Turkey & Cheese Wrap				
23 **Early Dismissal** **No Lunch Served**	**24** **Early Dismissal** **No Lunch Served**	**25** **Early Dismissal** **No Lunch Served**	**26** *Happy Thanksgiving*	**27** No School
30 No School				

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

MAKE IT A MEAL!
Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	$3.15
Adult	$4.85

Fruit & Veggie Selection

Daily Vegetable Choices May Include:
Spinach, Broccoli, Romaine Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans

Daily Fruit Choices May Include:
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges
Students may choose two ½ cup servings.

Daily Alternates

PB & J Craveable
Uncrustable, Cheese Stick, Goldfish & Apple Slices

Yogurt Craveable
Danimals Yogurt, Cheese Stick, Goldfish & Apple Slices

Your Dining Services Team: Emily Biechy, General Manager |(610) 826-3155 ext. 2218|emily.biechy@metzcorp.com

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